



## Hebrews 2:5-18

JESUS: MY GREAT HELP

**RELY on His Spirit:** We believe firmly in the power of prayer! Fervently call out to God that His Spirit would work in our hearts right now.

**READ His Word:** Hebrews 2:5-18

**RECALL His Message:** We proclaim the authority of God's Word without apology! Recall how God spoke to you through His message.

### How does Jesus help me?

- 1) Jesus conquered death, so I can be restored to dominion. V5-9
- 2) Jesus embraced suffering, so I can endure sanctification. V10-13
- 3) Jesus destroyed Satan, so I can be delivered from death. V14-15
- 4) Jesus removed sin, so I can draw near to God. V16-18

#### **REVEAL my Heart:**

The "somewhere" that the writer refers to in verse six is from Psalm 8. As a small group, read Psalm 8 together. David is beholding the majesty and the glory of God, which leads to the conclusion that God is big, and I am small. Am I so minute and insignificant that He is even "mindful" of me? The answer is a resounding no. God created me in His image and wants to help me. How? Through Jesus Christ by restoring me to a place of power, growing me spiritually, delivering from the plenty of death, and entering into a personal relationship with God the father. WOW!

- 1. Knowing what Jesus did for me (conquered death, embraced suffering, destroyed Satan, and removed sin) inspires me to respond. This happens when I take what I know in my head, and truly believe it in my heart. When the truth of Christ permeates my heart, this causes me to live differently, first inwardly and then outwardly. Which of these truths about Jesus pricks my heart today? How does that truth influence me from the inside out?
- 2. How does Jesus taking away my sins, allow me to draw near to God? What sin in my life creates a barrier in between God and me? Christ is always willing and quick to forgive. How does this allow me to live in confidence as opposed to living in shame?

#### **REFINE my Life:**

- 1. Revisit the sermon outline. Where can I testify of Christ being my help in the past or present? Where in my life do I need to let Christ help me, or freely receive His help? Why am I sometimes reluctant to the help of Jesus in my life?
- 2. Sanctification is what God uses to refine my life and grow me in spiritual maturity. How or when is sanctification hard, requiring me to endure it? How is God refining me right now in my life? What spiritual fruit and blessings have resulted because of it?
- 3. Take some time to close the small group discussion by praising Jesus through prayer about who He is, what He has done, and what He is going to do! Continue to do this throughout your week.

# **READING PLAN:**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hebrews 11:1-16	Hebrews 11:17-40	Hebrews 12:1-17	Hebrews 12:18-29	Hebrews 13