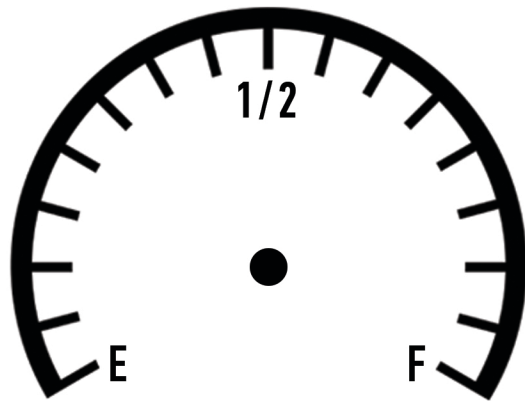


PERSONAL DASHBOARD

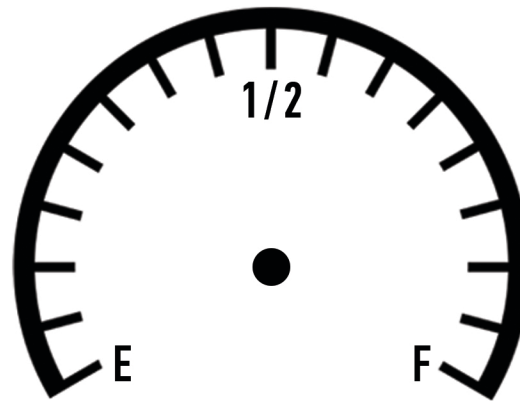
— HOW FULL ARE YOU? —

PHYSICAL



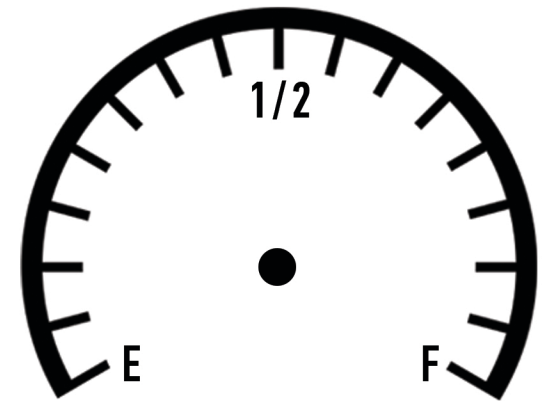
ENERGY
EXERCISE
DIET
SLEEP

SPIRITUAL



BIBLE READING
MEMORIZATION
MEDITATION
PRAYER
SERVING
FASTING

MENTAL



RELATIONSHIPS
READING
MEDIA
HOBBIES